

# S.T.E.P

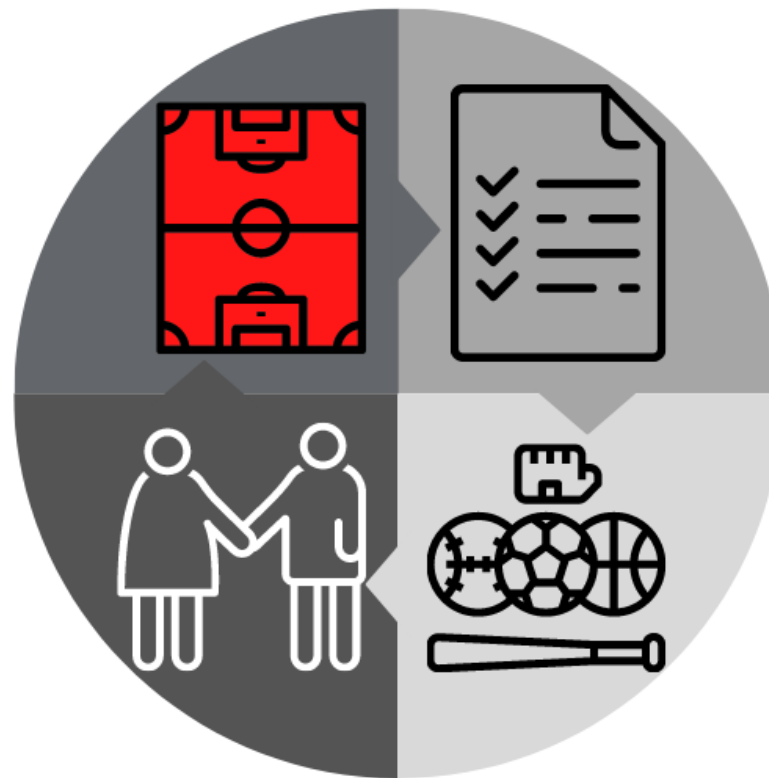
## Adapt for an inclusive lesson

### Space

Modify the activity by adapting the space. This can be done by changing the size of the playing area, the distance travelled or moving targets closer or further away.

### People

Some participants may need support with an additional person to allow them to participate successfully. This could be their friends, parent or carer, or pupil support staff



### Task

Modify the activity by adapting the task. This can be done by simplifying the task, change the rules, change length of time and be flexible to the participants needs .

### Equipment

Modify the activity by adapting the Equipment. This can be done by increasing or decreasing equipment size, lighter equipment. various textures and shape or different coloured equipment. Equipment to slow the task down and audio could also be added .

# ASN ADAPTATIONS

## Hearing impairment

Use diagrams or written explanations.  
Use of demonstration.  
Use Visual cues i.e. raising your hand, showing numbers with fingers, use of flags/bibs to signal start/finish

## Visual Impairment

Clear use of instruction.  
Have a buddy or member of staff to support them i.e run along side participant, guide with vocal instructions.



## Physical Disability

Dependant on the disability look at the S.T.E.P card to adapt to participants needs.

## Learning disability

Short simple instructions  
use of demonstrations.