

SPORT ABERDEEN PROTOCOL FOR THE RE-INTRODUCTION OF INDOOR BOWLS



We are delighted to welcome you back to Indoor Bowls!

We would however like to ask you to adhere to the following protocols and general arrangements. These rules will help keep both Sport Aberdeen staff and customers safe. Sport Aberdeen staff will be on hand to support you and monitor adherence to social distancing guidelines.

This has been developed in conjunction with the most recent Bowls Scotland COVID-19 guidance

www.bowlsscotland.com/media/2251/2020-10-02-bowls-scotland-recommendations-for-play_carpet-bowls_shortmat.pdf

- Anyone with any symptoms of COVID-19 should not participate and should self-isolate themselves in-line with government guidelines.
- All bookings must be made in advance by using our online bookings system (www.sportaberdeen.co.uk), or by telephone.
- Please arrive no more than 10 minutes ahead of your booking. Observe physical distancing measures at all times and use of hand sanitiser provided.
- Please arrive ready to play and bring your own water, changing rooms will be limited at this time.
- Unpaid bookings can be paid by contactless card payment only. Cash payments will not be accepted.
- All players must bring their own equipment, no equipment will be loaned under any circumstance. (Bowls mats will be provided but players are asked to bring their own bowls.)
- No social gatherings are permitted. Once play is finished, please leave the premises promptly.
- Please check in on arrival, this is crucial for track and trace purposes. For group or team bookings, the leader is responsible for recording all attendees including contact numbers for track and trace purposes.

Guidance Rules

Bowls Scotland Guidance

- A 'bowling bubble' can be created whilst play is taking place, in effect suspending Scottish Government household number guidelines for the duration of the activity. Good hygiene measures should be followed and where possible, physical distancing should still be maintained.
- Players should only play in one 'bowling bubble' per day.
- The maximum number permitted in one 'bowling bubble' session is 16 (for example 4 players x 4 carpets).
- Singles & Pairs ONLY should play in line with the above 'bowling bubble', exceeding no more than 4 per carpet.
- No external competition matches, or club friendlies should take place.
- Support can be provided to a player with a disability that requires functional support without maintaining physical distancing.
- Players should avoid sharing equipment such as bowls, cloths and measures.
- Players should wear a face covering whilst playing.
- When changing ends clubs should consider a one-way system.

Setting of the mat and jack

At the start of the session one player will be nominated to set and collect the mat. One player will be nominated to always set the jack (this will always be the same player but will be instructed by the winning side to its position).

Resetting the block

One player should be nominated to reset the block, no matter who hits it.

Removing dead bowls

Players are responsible for the lifting of their own dead bowls

Touchers/Measuring

One player will be nominated to measure, the nominated person should not touch any bowls.

*Touchers will only be marked with spray chalk

Sport Aberdeen Guidance

Players must book the session in advance. Sport Aberdeen members can book 8 days in advance, non-members can book 3 days in advance of the session. This can be done via our website or by phoning the venue.

No spectators will be permitted.

Sport Aberdeen will provide and set up the bowls mats but players must bring their own bowls. Mats will be a minimum of 2 meters apart.

Always observe physical distancing rules following your arrival at the venue / grounds. Indoors keep to the left in corridors and communal areas. Masks must be worn in circulation areas in venues (not activity areas).

Arrive ready to play, changing rooms will be limited or unavailable.

Please leave the venue promptly after your allotted time has elapsed. No spectating is allowed at both our indoor and outdoor venues.

Regularly clean your hands using hand sanitiser, and avoid touching your eyes, nose and mouth. Cleaning stations will be available in the sports hall should players wish to clean their own equipment.

Thank you for your continued support and assistance.