

SPORT ABERDEEN PROTOCOL FOR THE RE-INTRODUCTION OF PICKLEBALL



We are delighted to welcome you back to Table Tennis!

We would however like to ask you to adhere to the following protocols and general arrangements. These rules will help keep both Sport Aberdeen staff and customers safe. Sport Aberdeen staff will be on hand to support you and monitor adherence to social distancing guidelines.

This has been developed in conjunction with the most recent Pickleball Scotland COVID-19 guidance. www.pickleballscotland.org/covid-19

- Anyone with any symptoms of COVID-19 should not participate and should self-isolate themselves in-line with government guidelines.
- All bookings must be made in advance by using our online bookings system (www.sportaberdeen.co.uk), or by telephone.
- Please arrive no more than 10 minutes ahead of your booking. Observe physical distancing measures at all times and use of hand sanitiser provided.
- Please arrive ready to play and bring your own water, changing rooms will be limited at this time.
- Unpaid bookings can be paid by contactless card payment only. Cash payments will not be accepted.
- Up to 5 households (15 players maximum) can now play doubles in a session, but please maintain social distancing.
- All players must bring their own equipment, no equipment will be loaned under any circumstance. (Posts and nets will be provided. Players are asked to provide their own bats and balls.)
- No social gatherings are permitted. Once play is finished, please leave the premises promptly.
- Please check in on arrival, this is crucial for track and trace purposes. For group or team bookings, the leader is responsible for recording all attendees including contact numbers for track and trace purposes.

Guidance Rules

Pickleball Scotland Guidance

- **Play can only take place outdoors if you can find a suitable space**
- **Up to 5 households (15 players maximum) can now play doubles in a session, but please maintain social distancing.**
- **Reintroduce yourself to running around a court gently to avoid injury – warm up and be cautious about how long you play.**
- **Sanitise hands before and after each game, particularly if you are sharing a ball.**
- **Continue to maintain a 2-meter distance on and off court, unless you are partnering a member of your household.**
- **Only play if you are feeling well, if you have any symptoms of covid-19 please stay at home.**

Sport Aberdeen Guidance

- **Clubs/ booking contacts must provide the requested SA requirements in order to secure their booking. These include the ratios set out by the NGB.**
- **No spectators will be permitted pitch side, indoors or outdoors at our venues. This will override any NGB guidance.**
- **No equipment loaned by Sport Aberdeen. Clubs/ kit owners are responsible for any equipment used.**
- **Always observe physical distancing rules following your arrival at the venue / grounds. Indoors keep to the left in corridors and communal areas. Masks must be worn in circulation areas in venues (not activity areas).**
- **Arrive ready to play, changing rooms will be limited or unavailable.**
- **Please leave the venue promptly after your allotted time has elapsed. No spectating is allowed at both our indoor and outdoor venues.**
- **Regularly clean your hands using hand sanitiser, and avoid touching your eyes, nose and mouth.**
- **Outdoor pitches: Ensure your participants bring their own hand sanitiser and use regularly.**

Thank you for your continued support and assistance.