

SPORT ABERDEEN PROTOCOL FOR THE RE-INTRODUCTION OF TABLE TENNIS



We are delighted to welcome you back to Table Tennis!

We would however like to ask you to adhere to the following protocols and general arrangements. These rules will help keep both Sport Aberdeen staff and customers safe. Sport Aberdeen staff will be on hand to support you and monitor adherence to social distancing guidelines.

This has been developed in conjunction with the most recent Table Tennis Scotland COVID-19 guidance www.tabletennisscotland.co.uk/ready-to-return/

- Anyone with any symptoms of COVID-19 should not participate and should self-isolate themselves in-line with government guidelines.
- All bookings must be made in advance by using our online bookings system (www.sportaberdeen.co.uk), or by telephone.
- Please arrive no more than 10 minutes ahead of your booking. Observe physical distancing measures at all times and use of hand sanitiser provided.
- Please arrive ready to play and bring your own water, changing rooms will be limited at this time.
- Unpaid bookings can be paid by contactless card payment only. Cash payments will not be accepted.
- All players must bring their own equipment, no equipment will be loaned under any circumstance. (Table Tennis tables and nets will be provided. Players are asked to bring their own bats and balls.)
- No social gatherings are permitted. Once play is finished, please leave the premises promptly.
- Please check in on arrival, this is crucial for track and trace purposes. For group or team bookings, the leader is responsible for recording all attendees including contact numbers for track and trace purposes.

Guidance Rules

Table Tennis Scotland Guidance

- Individuals to train in bubbles of 2-6 people across 2-3 tables, with no more than two people on each table at any time. It is important that a record of the players in each bubble are kept to help inform any track and trace procedures.
- There can be multiple bubbles in a hall at any one time if you have 3 or more tables and players are able to safely social distance.
- A coach can form part of a bubble, therefore 5 players and one coach would make a bubble of 6.
- Players cannot change bubbles within the same session – they must stay within their allocated bubble but can play with a different group at the next session (as long as it's not the same day).
- Players should, where possible, use their own personal equipment and ensure appropriate hygiene rules are adhered to.
- Spectating should be discouraged. Where the attendance of a non-participating parent or guardian is required, this should be limited to one per participant where possible. Physical distancing should be strictly observed while watching the sessions.
- Players should not lean on the table or shake hands with other players.
- Players should sanitise their hands regularly and should not breathe on the ball to clean it.

Sport Aberdeen Guidance

- Clubs/ booking contacts must provide the requested SA requirements in order to secure their booking. These include the ratios set out by the NGB.
- No spectators will be permitted, and arrangements will be made for the safe drop off and collection of junior players by their parents and guardians.
- No equipment loaned by Sport Aberdeen. Clubs/ kit owners are responsible for any equipment used.
- Always observe physical distancing rules following your arrival at the venue / grounds. Indoors keep to the left in corridors and communal areas. Masks must be worn in circulation areas in venues (not activity areas).
- Arrive ready to play, changing rooms will be limited or unavailable.
- Please leave the venue promptly after your allotted time has elapsed. No spectating is allowed at both our indoor and outdoor venues.
- Regularly clean your hands using hand sanitiser, and avoid touching your eyes, nose and mouth.
- Cleaning stations will be available in the sports hall should players wish to clean their own equipment.

Thank you for your continued support and assistance.