



# Late for School



## Fun Activity

Medium Energy

No Equipment required

NB: Other adaptations applicable

### Activity Overview

Set up a playing area, giving the children plenty space. They are going to be copying your actions. Pretend you are asleep and suddenly wake up and are late for school. Everything you do is done on the spot but in a hurry. Brush your teeth, wash your face, put your clothes on, run downstairs, run back up (forgot to put trousers / skirt on), back down stairs, eat breakfast, pick up your bag, open front door, shut door, run down the street, jump over a hedge, look both ways, cross the road etc. Finally arrive at school slowing down panting and puffing then suddenly stop at the closed gates. Allow the children to lead

### Outcomes and Skills Development

- Fine motor skills & movement (Coordination)
- Improving confidence and leadership skills
- Listening skills and following instructions





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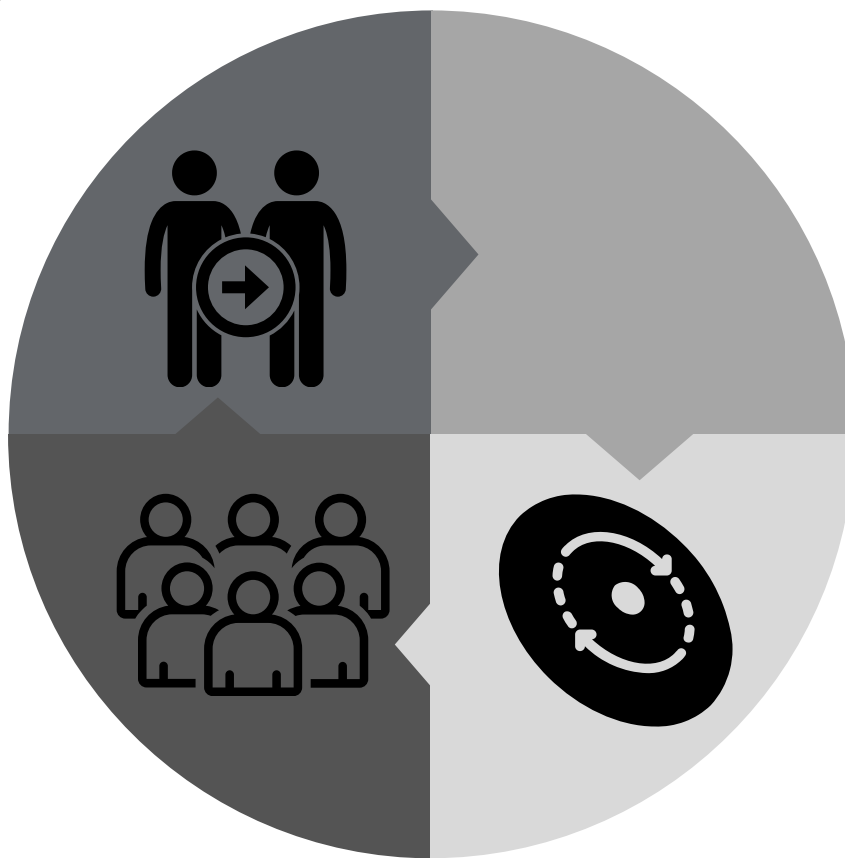
## Modifications

### 1-2-1

Encourage the young person to take turns leading and thinking of new actions to do. To keep the young person engaged encourage shouting the instructions to increase enjoyment levels.

### Small Group

Allow children to lead the activity and create their own actions.



### Progression

- Child can create their own story line to run through e.g. instead of being late for school change the story to going to beach.
- Encourage creativity and can be used as a tool to look at understanding situations.
- Have the children lead the activities and build confidence in front of peers